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ANNUAL MEETING AND EXPO

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DOWNTOWN NASHVILLE, TN

AT MUSIC CITY CENTER

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A Clearing House for Innovative Models of Care

Larry Atkins, Executive Director
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Long-Term Quality Alliance (LTQA)

- LTQA is a community of organizations aimed at improving outcomes and quality of life for persons and their families managing functional limitations due to chronic health conditions

- Over 30 of the leading national organizations and federal agencies involved in LTSS participate in LTQA.

- The Alliance is both a shared learning center and a platform for amplifying and increasing the impact of the work of its member organizations.

- Member organizations collaborate to amplify their individual efforts to advance integrated, person- and family-centered, and fiscally sustainable LTSS.

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Why is Integration of LTSS Important?

- **New payment models** put clinical providers at financial risk for whole patient and populations over longer time periods and set performance incentives around patient outcomes. Service delivery increasingly involves more of a payer role.

- **Growing fiscal challenge** of Medicaid LTSS financing is driving a search for savings and LTSS efficiencies. Need to eliminate duplication, unnecessary cost and poor results of silo-ed care.

- **Potential for Medicare savings and outcome improvements** from more effectively managing complex chronic conditions that involve the need for LTSS.

- **Persons and caregivers need more support** to handle the growing complexities of arranging for and providing LTSS and what can be frequent transitions.

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Challenges in Integrating LTSS

- Acute care and LTSS now inhabit **two different worlds**:
  - Focus on medical needs v. functional needs
  - Goal of curing disease v. sustaining function at highest possible level with greatest degree of independence.
  - Community services have small budgets, are labor intensive, and are low-tech.

- **Danger of over-medicalizing** community services and supports:
  - Organizing services and supports around medical conditions rather than functional needs.
  - Internalizing medical hierarchy rather than supplementing and supporting the primary caregiver, and enabling providers to practice at the top of their license.

- **Lack of a common information platform** to exchange electronic information and develop a single assessment, care plan, and outcomes measurement.

- **Lack of adequate private financing** – lack of affordable insurance coverage and other financing outside of Medicaid to pay for LTSS.

- **Need for investment in IT, quality improvement, workforce development in LTSS**.

- **Quality measurement is still in early stages.**

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Innovations Affecting LTSS Integration

- ## Information Exchange
  - Assessment item standardization: CARE for post-acute (IMPACT legislation), CARE for in-home LTSS (TEFT grants), CMS item library.
  - Uniform person-centered assessment and care planning: Minnesota (MNChoices), California, NY
  - Health information exchange expansion: ONC initiative to connect LTSS to clinical IT world (Meaningful Use).

- ## Quality Measurement
  - CMS item library and measures development
  - NQF post-acute and LTSS quality measures project
  - National Core Indicators project

Innovations Affecting LTSS Integration

- Integration of managed LTSS and medical services
  - Medicaid Managed LTSS
  - Duals Demonstrations that include LTSS
  - ACOs and LTSS
  - VNSNY CHOICE and PRIDE project

- Care Transitions
  - The Bridge Model for safe transitions (Rush Medical Center, Chicago)
  - Transitional Care Model (TCM) – Penn
  - Community-Based Care Transitions Program (ACA)

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Innovations Affecting LTSS Integration

- Technology-enabled LTSS
  - LeadingAge Center for Aging Services Technologies (CAST)
  - Process management, staff coordination, point-of-care documentation
  - Personal assistive devices and technologies
  - Personal emergency response systems, monitoring technology
  - Connective technologies – social networking

- Supportive Housing and Community Infrastructure
  - Livable Communities
  - Village Movement
  - Support and Services at Home (SASH) – Burlington, VT

Innovations Affecting LTSS Integration

- Caregiver Training and Support
  - Direct Care Workforce
    - SEIU Health Care Northwest Training Partnership
    - PHCAST – Personal and Home Care Aid State Training Demonstration Grants
    - CMS National Direct Service Resource Center
  - Family Caregiving
    - VA Caregiver Support Programs
    - REACH – Resources for Enriching Alzheimer's Caregiver Health

LTQA Recent Publications

- "Integrating LTSS from a Person's Perspective – Across Time and Setting" – Proceedings of LTQA's 4th Annual Meeting.

- "Charting a Path Forward for Uniform Assessment of LTSS Needs" – Report from an LTQA Roundtable.

- "Standardizing LTSS Assessments for State Initiatives."

- "The Need to Standardize Assessment Items for Persons in Need of LTSS."

- "Building Bridges Across the Continuum to Achieve Person-Centered Care" Proceedings of LTQA's 3rd Annual Meeting.

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LTQA Recent Events

- 4th Annual Meeting: "Integrating LTSS from a Person's Perspective – Across Time and Setting" [with NASUAD]-- September 18, 2014.

- Capitol Hill Forum: "Improving Medicare Post-Acute Transformation (IMPACT) Through Standardized Assessment Data" [with the National Coalition on Health Care] – June 17, 2014.

- Roundtable: "Charting a Path Forward for Uniform Assessment of LTSS Needs" [with the Brookings Institution] – May 5-6, 2014.

- Capitol Hill Forum: "Integrating Medical Care, Behavioral Health, and LTSS: Finding a Path toward Sustainability" [with the National Coalition on Health Care] – April 24, 2014.

- 3rd Annual Meeting: "Building Bridges Across the Continuum to Achieve Person-Centered Care" – December 16-17, 2013.

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