

June 8, 2017  
AcademyHealth

## **Panel Speaker Biographies**

### **Stephen Nowicki, MD, FAAFP, CHIE**

Dr. Nowicki is originally from California, but has spent most of his adult life living in Texas. He obtained a Bachelor of Arts degree in Biology with honors from the University of Texas at Austin, and received his Doctorate in Medicine from the University of Texas – Houston Medical School. Dr. Nowicki is a family medicine doctor who completed his residency training in Corpus Christi, Texas.

Dr. Nowicki joined WellMed in 1997 and has served in several capacities within that organization. He spent part of his career as a contracted PCP with WellMed, he has been a full time medical group PCP with WellMed as well, he has served as a lead physician within the group, was Medical director and then Regional Medical Director for WellMed's wholly owned Medicare Advantage Plan (Physicians Health Choice – now a part of United Healthcare), has served as Regional Medical Director for WellMed's care delivery arm from 2011-2014, and has most recently served as the Enterprise Medical Director for Contracted Networks and Development. Dr. Nowicki is also a Fellow of the American Academy of Family Physicians and is a Certified Health Insurance Executive.

Dr. Nowicki lives in Austin, Texas with his wife and his identical twin daughters (3 years old).

### **James Schuster, MD, MBA**

Dr. James Schuster has been with Community Care since 2000 and is responsible for ensuring that delivered services are consistent with prevailing medical and clinical standards. Dr. Schuster is also responsible for the development and management of the peer advisory staff, which provides clinical supervision, consultation, review of appeals, and medical support to staff. Dr. Schuster has been a leader in development of recovery,

pharmacy quality improvement, and physical health/behavioral health integration initiatives. He is an Adjunct Associate Professor in the Department of Psychiatry at the University of Pittsburgh.

**Todd Stivland, MD**

An entrepreneur at heart, Dr. Stivland is dedicated to changing the way healthcare is delivered. He launched Bluestone Physician Services in 2006, and developed it from a small start-up to the largest on-site provider for assisted living communities in Minnesota, and recently expanded to Wisconsin and Florida. He has applied his 19-plus years of experiences as a family physician to create an innovative healthcare model for patients who need extensive medical and community services. Dr. Stivland has served on policy committees for the state of Minnesota and is an active national speaker on medical models and clinical practices.

**Sarah Keenan, RN**

Sarah Keenan has been with Bluestone since 2011 and works with both the Primary Care and Care Coordination programs as Chief Clinical Officer. She is President of Bluestone Integrated Care Program which serves patients with disabilities and chronic conditions that may live independently or in a group home. She has designed, implemented and provided oversight for programs that focus on high-risk care, with the ultimate goal of improving the quality of care for all those whom Bluestone serves. She has been published in medical home journals and speaks nationally on preventative care in the Medicare population and care coordination.